

## Report on Memorandum of Understanding between H.C.D.G. College and Brahmakumari World Peace Retreat Centre, Demow

A Memorandum of Understanding was signed between H.C.D.G. College and Brahmakumari World Peace Retreat Centre, Demow on 09/02/2022.

Activity: Students pursuing Yoga course of H.C.D.G. College visited Brahmakumari Retreat Centre situated at Demow.



Activity: A certificate course titled ‘Yoga and Meditation’ was conducted by Mr. Sibranjan Sarmah, HoD, Department of History Department and Brahmakumari Retreat Centre, Demow from 9<sup>th</sup> February to 23<sup>rd</sup> February 2022. The students learned from the course to maintain and promote different Indian yoga traditions. The students learned to develop techniques based on ancient yoga practices. The resource person of the course is Hemanta Singh. A larger number of students joined the programme in the inaugural session. Later, 15 students completed the course.

**The Flex banner of the certificate course:**



A few snapshot of Yoga training at the college auditorium:



Activity: World Yoga Day was observed on 21<sup>st</sup> June 2023 at college auditorium by NSS Unit, Raj Yoga unit, H.C.D.G. college, Nitaipukhuri in collaboration with Prajapati Ishwariya Viswa Vidyalaya and world Peace Retreat Centre, Demow. The photos are attached herewith:







GPS Map Camera  
Bapatigarh, Assam, India  
6Q69+25C, Demow-Netaipukhuri Rd, Bapatigarh,  
Assam 785671, India  
Lat 27.209193°  
Long 94.768253°  
21/06/23 12:37 PM GMT +05:30  
Google